

2. Disaster Prevention

Contact Information : Crisis Management Division, General Affairs Department, Hida City Hall

☎ : +81-577-62-8902

In Japan, *typhoons, *heavy rain, *heavy snow, and *earthquakes happen a lot. These are called "disasters. When a disaster occurs, your first priority is to protect yourself. If your house is safe, stay inside. If your house is unsafe, go to an evacuation center (where everyone can escape). Being prepared before a disaster occurs is called "disaster prevention.

You can protect yourself from typhoons, heavy rain, and heavy snow by checking weather information in advance.

(1) Things to do to protect yourself and your family

Prepare drinks and food for when disaster strikes. Buy drinks and food and leave them at home. You should also pack things that you need in your daily life (medicines, passport, residence card, clothes, etc.) so that you can take them with you when you have to run away.

*Please use [hazard maps](#) to find out about dangerous places and shelters near where you live or work.

【Hazard maps】 →



【What you should prepare】

Foods	Cans biscuit, canned foods, retort foods, drinkable water, dry foods, chocolates
Medicines	Band-aid, ointment, bandage, medicine to take all the time
Valuables	Money, passport, savings book, personal seal, driver's license, etc.
Others	Underwear, clothing, towels, rain gear, shoes, rechargeable batteries, flashlights, plastic bags, etc.

(2) How to evacuate

Evacuation methods are different depending on the disaster.

【In case of heavy rain or typhoon】

→If you are in a building, move to place as high as possible.

If you are outside, move to a shelter before water flood the roads.

【In case of earthquake】

→When you are in a building, watch out for broken glass and falling furniture. After that, move to an evacuation shelter while watching out for aftershocks (earthquakes that continue after a major earthquake).

If you are outside, move to a place as spacious as possible, as the building may collapse due to the earthquake.

(3) About the shelter

Please check [the Hida City Disaster Prevention website](#) for evacuation shelters near your home.

(4) How to spend time at the shelter

There are other people in the shelter who have evacuated besides you. Be considerate of those around you, for example, do not speak loudly during bedtime.



【The Hida City Disaster Prevention website】